

Province of ONTARIO

By the Honourable SIDNEY B. HANDLEMAN,
MINISTER OF CONSUMER AND COMMERCIAL RELATIONS

~To all to whom these Presents shall come

Greeting

Whereas The Corporations Act provides that with the exceptions therein mentioned the Lieutenant Governor may in his discretion, by Letters Patent, issue a Charter to any number of persons, not fewer than three, of eighteen or more years of age, who apply therefor, constituting them and any others who become shareholders or members of the corporation thereby created a corporation for any of the objects to which the authority of the Legislature extends;

And Whereas by the said Act it is further provided that the member of the Executive Council to whom the administration of this Act is assigned may in his discretion and under the Seal of his office have, use, exercise and enjoy any power, right or authority conferred by the said Act on the Lieutenant Governor;

And Whereas it has been made to appear that the persons herein named have complied with the conditions precedent to the issue of the desired Charter and that the said undertaking is within the scope of the said Act;

Now Therefore Know Ye that, being the member of the Executive Council to whom the administration of this Act is assigned,

I do by these Letters Patent issue a Charter to the Persons hereinafter named that is to say:
Richard Russell, Electrical Design Engineer; Bryan Edgar Upjohn, Therapist;
Ellen Beauchamp, Executive Secretary; Peter Schramek, Electronics Engineer;
Rosemarie Caulder and John Caulder, Retailers; and Dana Jones, Registered Masseuse;
all of The Municipality of Metropolitan Toronto, in the Province of Ontario; constituting them and any others who become members of the Corporation hereby created a corporation without share capital under the name of

Namgyal House

amended May 6, 1985 to

S.T.E.P.S. (Society for Teaching, Exploration, Practice and Service)

amended May 4, 1998 to

Friends of the Heart--Society for Teaching, Exploration, Practice and Service

for the following objects, that is to say:

(A) TO receive and maintain a fund or funds and other property and to apply from time to time all or part thereof and the income therefrom for charitable purposes including, without limiting the generality of the foregoing:

(i) *TO provide the membership and the community with a variety of courses teaching aspects of various schools of religious studies including, but not limited by, courses and instruction in meditation techniques, religious scriptures, philosophy, prayers and religious ceremonies (as amended May 6, 1985);*

(ii) TO solicit, raise, acquire, accept and receive donations, bequests or subscriptions of money, or other real or personal property, for the purpose of carrying on and propagating the objects of Namgyal House and being consistent with those objects;

(iii) TO provide a newsletter for the purpose of disseminating information about Namgyal House, its programs, aims and objects;

(iv) *TO utilize its resources to help bring to the community and the membership of S.T.E.P.S. teachers trained in various schools of religious studies, meditation techniques and scientific exploration (as amended May 5, 1985); and*

(B) TO do all such things as are incidental or conducive to the attainment of the above objects and in particular subject to The Mortmain and Charitable Uses Act and The Charitable Gifts Act:

1. TO use, apply, give, devote or distribute from time to time all or part of the fund or funds of the Corporation and/or the income therefrom for charitable purposes by such means as may from time to time seem expedient to its directors, including research, publication, education and the establishment and maintenance of charitable activities, agencies or institutions and the aid of any such activities, agencies or institutions already established;

2. TO use, apply, give, devote or distribute from time to time all or part of the fund or funds of the Corporation and the income therefrom for charitable purposes to or for any charitable organization or charitable organizations which in the judgment of the directors of the Corporation will promote the objects of the Corporation;

3. For the further attainment of the above objects, to acquire, accept, solicit or receive, by purchase, lease, contract, donation, legacy, gift, grant, bequest or otherwise any kind of real or personal property whether or not the same may be in the form of investments in which the trustees are authorized to invest trust funds and to enter into and carry out agreements, contracts and undertakings incidental thereto;

4. For the further attainment of the above objects, to hold, manage, sell or convert any of the real or personal property from time to time owned by the Corporation, and to invest and reinvest any principal sum in such manner as trustees may from time to time be authorized by law to invest trust funds;

5. For the further attainment of the above objects, to acquire by purchase, lease, gift and other title, and to hold any real property necessary for the carrying on of its undertaking, and to sell, lease, mortgage, dispose of and convey the same or any part thereof as may be considered advisable;

6. For the further attainment of the above objects, to demand, receive, sue for, recover and compel the payment of all sums of money that may become due and payable to the Corporation and generally to sue and to be sued;

7. For the further attainment of the above objects, to acquire, accept, solicit or receive any gift of real or personal property, either as an annual or other contribution or as an addition to the fund or funds of the Corporation; and

8. For the further attainment of the above objects, to employ and pay such assistants, clerks, agents, representatives and employees, and to procure, equip and maintain such offices and other facilities, and to incur such reasonable expenses as may be necessary;

PROVIDED, however, that it shall not be lawful for the Corporation hereby incorporated directly or indirectly transact or undertake any business within the meaning of The Loan and Trust Corporations Act;

THE HEAD OFFICE of the Corporation to be situate at the City of Toronto, in the said The Municipality of Metropolitan Toronto; and

THE FIRST DIRECTORS of the Corporation to be Richard Russell, Bryan Edgar Upjohn, Ellen Beauchamp, Peter Schramek, Rosemarie Caulder, Dana Jones and John Caulder, hereinbefore mentioned;

AND IT IS HEREBY ORDAINED AND DECLARED that the Corporation shall be carried on without the purpose of gain for its members and any profits or other accretions to the Corporation shall be used in promoting its objects;

AND IT IS HEREBY FURTHER ORDAINED AND DECLARED that, upon the dissolution of the Corporation and after the payment of all debts and liabilities, its remaining property shall be distributed or disposed of to charitable organizations which carry on their work solely in Canada;

AND IT IS HEREBY FURTHER ORDAINED AND DECLARED that the directors shall serve as such without remuneration, and no director shall directly or indirectly receive any profit from his position as such; provided that a director may be paid reasonable expenses incurred by him in the performance of his duties.

Given under my hand and Seal of office at the City of Toronto in the said Province of Ontario this thirty-first day of January in the year of Our Lord one thousand nine hundred and seventy-seven.

Minister of Consumer and Commercial Relations